

Cherry-Orange Bourbon

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2 cups fresh or frozen sour cherries
1 strip orange zest
500 Milliliters bourbon

Combine the ingredients in a clean one-liter jar with a lid.

Store in the refrigerator and shake daily until infused.

Infuse for four days.

Strain and discard the solids.

Can be mixed with seltzer or ginger ale.

Per Serving (excluding unknown items): 1181 Calories; trace Fat (1.2% calories from fat); trace Protein; 2g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 5mg Sodium. Exchanges: 0 Fruit.

Beverage

Per Serving Nutritional Analysis

Calories (kcal):	1181	Vitamin B6 (mg):	trace
% Calories from Fat:	1.2%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	94.2%	Thiamin B1 (mg):	0mg
% Calories from Protein:	4.6%	Riboflavin B2 (mg):	0mg
Total Fat (g):	trace	Folacin (mcg):	2mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	1175
Cholesterol (mg):	0mg	% Refused:	0.0%
Carbohydrate (g):	2g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	5mg	Vegetable:	0

Potassium (mg): 22mg
Calcium (mg): 10mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 8mg
Vitamin A (i.u.): 25IU
Vitamin A (r.e.): 2 1/2RE

Fruit: 0
Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 1181 Calories from Fat: 14

% Daily Values*

Total Fat	trace	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	5mg	0%
Total Carbohydrates	2g	1%
Dietary Fiber	trace	1%
Protein	trace	
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Vitamin A		1%
Vitamin C		14%
Calcium		1%
Iron		0%

** Percent Daily Values are based on a 2000 calorie diet.*