

Frozen Lemonade with Coconut Rum

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Servings: 1

Yield: 1 cup

*1 1/2 cups ice cubes,
crushed*

*3 tablespoons frozen
lemonade concentrate*

*2 tablespoons coconut rum
lime wedge (for garnish)
(optional)*

In a blender, place the ice, concentrate and rum.

Blend until slushy.

Garnish with a lime wedge, if desired.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 10mg Sodium. Exchanges: .