

# Grapefruit Prosecco Punch (Alcoholic)

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## Servings: 12

4 cups cranberry juice  
 1 liter ginger ale  
 2 cups grapefruit juice  
 1/2 cup sugar  
 1/2 cup lime juice  
 1 bottle (750 ml) prosecco

Place the cranberry juice in ice cube trays.  
 Freeze.

In a punch bowl, mix the ginger ale, grapefruit juice, sugar and lime juice.

Add the prosecco and the cranberry ice cubes.

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Per Serving (excluding unknown items): 128 Calories; trace Fat (0.9% calories from fat); trace Protein; 33g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 8mg Sodium. Exchanges: 1 Fruit; 1 Other Carbohydrates.

## Beverages

### Per Serving Nutritional Analysis

<b>Calories (kcal):</b>	128	<b>Vitamin B6 (mg):</b>	trace
<b>% Calories from Fat:</b>	0.9%	<b>Vitamin B12 (mcg):</b>	0mcg
<b>% Calories from Carbohydrates:</b>	98.3%	<b>Thiamin B1 (mg):</b>	trace
<b>% Calories from Protein:</b>	0.8%	<b>Riboflavin B2 (mg):</b>	trace
<b>Total Fat (g):</b>	trace	<b>Folacin (mcg):</b>	5mcg
<b>Saturated Fat (g):</b>	trace	<b>Niacin (mg):</b>	trace
<b>Monounsaturated Fat (g):</b>	trace	<b>Caffeine (mg):</b>	0mg
<b>Polyunsaturated Fat (g):</b>	trace	<b>Alcohol (kcal):</b>	0
<b>Cholesterol (mg):</b>	0mg	<b>% Refuse:</b>	n n%
<b>Carbohydrate (g):</b>	33g	<b>Food Exchanges</b>	
<b>Dietary Fiber (g):</b>	trace	<b>Grain (Starch):</b>	0
<b>Protein (g):</b>	trace	<b>Lean Meat:</b>	0
<b>Sodium (mg):</b>	8mg	<b>Vegetable:</b>	0
<b>Potassium (mg):</b>	94mg	<b>Fruit:</b>	1
<b>Calcium (mg):</b>	10mg	<b>Non-Fat Milk:</b>	0
<b>Iron (mg):</b>	trace	<b>Fat:</b>	0
<b>Zinc (mg):</b>	trace	<b>Other Carbohydrates:</b>	1

Vitamin C (mg): 48mg  
Vitamin A (i.u.): 186IU  
Vitamin A (r.e.): 18RE

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## Nutrition Facts

Servings per Recipe: 12

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### Amount Per Serving

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**Calories** 128 Calories from Fat: 1

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**% Daily Values\***

<b>Total Fat</b>	trace	0%
Saturated Fat	trace	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	8mg	0%
<b>Total Carbohydrates</b>	33g	11%
Dietary Fiber	trace	1%
<b>Protein</b>	trace	
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<b>Vitamin A</b>		4%
<b>Vitamin C</b>		81%
<b>Calcium</b>		1%
<b>Iron</b>		2%

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\* Percent Daily Values are based on a 2000 calorie diet.