

Hot Buttered Rum

Shirley Campbell

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

Servings: 4

*1 stick unsalted butter
1/2 cup dark brown sugar
1 teaspoon orange zest
3/4 teaspoon cinnamon
3/4 teaspoon ginger
1/2 teaspoon nutmeg
rum*

In a bowl, place the butter, brown sugar, orange zest, cinnamon, ginger and nutmeg. Beat for 1 minute with an electric beater.

Place two tablespoons of the spiced butter mixture and 1-1/2 tablespoons of rum into a cup.

Add 3/4 cup of boiling water. Stir well.

Serve.

Per Serving (excluding unknown items): 311 Calories; 23g Fat (65.1% calories from fat); trace Protein; 28g Carbohydrate; trace Dietary Fiber; 62mg Cholesterol; 14mg Sodium. Exchanges: 0 Grain(Starch); 0 Fruit; 4 1/2 Fat; 2 Other Carbohydrates.