

Hot Toddy Sachets

50 Gift Ideas
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Yield: 6 sachets

6 cinnamon sticks
6 dried orange slices
12 wide strips lemon zest
12 pieces crystalized ginger
6 whole cloves
6 squares cheesecloth
kitchen twine

Wrap a cinnamon stick, one dried orange slice, two wide strips of lemon zest, two pieces of crystalized ginger and one whole clove in each of six squares of cheesecloth to make six sachets.

Tie with kitchen twine.

(To use: Steep one sachet in one cup of hot tea. Add bourbon.)

Per Serving (excluding unknown items): 388 Calories; 11g Fat (18.2% calories from fat); 7g Protein; 101g Carbohydrate; 65g Dietary Fiber; 0mg Cholesterol; 122mg Sodium. Exchanges: 6 Grain(Starch); 1/2 Fruit; 2 Fat.