

Beverage

Kiwi Colada

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Servings: 6

5 kiwifruit, peeled and divided

3 cups ice

1/4 cup light rum

1/4 cup Midori (melon-flavored liqueur)

3 tablespoons Cream of Coconut (such as Coco Lopez)

1 can (8 oz) crushed pineapple in juice, undrained

Cut four kiwifruit into quarters. Place in a blender. Set the remaining kiwifruit aside.

Add the ice, rum, Midori, Cream of Coconut and pineapple to the blender. Process until smooth.

Strain the mixture through a sieve into a pitcher. Discard the seeds.

Divide evenly among six glasses.

Cut the remaining kiwifruit into six slices.

Garnish each glass with one kiwifruit slice.

Yield: 6 3/4 cup servings

Per Serving (excluding unknown items): 46 Calories; trace Fat (1.1% calories from fat); trace Protein; 7g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 1/2 Fruit.