

Lavender Limonata

Brooke Russell - Public at the Brickyard, Wichita, KS
Scripps Treasure Coast Newspapers

Servings: 1

1 shot vodka
2 ounces lavender simple syrup
soda water
ice
lemon wedges (for garnish)
sugar
LAVENDER SIMPLE
SYRUP
1 part water
1 part sugar
dried lavender leaves

Prepare the lavender simple syrup: Place water and sugar in equal parts into a saucepan. Bring to a boil. Add the dried lavender leaves and cool.

Place sugar on a flat dish. Dredge the rim of a tall Collins glass in the sugar.

Place ice in the glass.

Add the vodka and simple syrup.

Add the soda water and stir.

Garnish with a lemon wedge dredged in the sugar.

Per Serving (excluding unknown items): 838 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 200g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 9mg Sodium. Exchanges: 13 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	838	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	100.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	trace
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	64

Cholesterol (mg):	0mg
Carbohydrate (g):	200g
Dietary Fiber (g):	0g
Protein (g):	0g
Sodium (mg):	9mg
Potassium (mg):	5mg
Calcium (mg):	7mg
Iron (mg):	trace
Zinc (mg):	trace
Vitamin C (mg):	0mg
Vitamin A (i.u.):	0IU
Vitamin A (r.e.):	0RE

% Refuse: 0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	0
Other Carbohydrates:	13 1/2

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 838 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 9mg	0%
Total Carbohydrates 200g	67%
Dietary Fiber 0g	0%
Protein 0g	
<hr/>	
Vitamin A	0%
Vitamin C	0%
Calcium	1%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.