

Lime-Zinfandel Splash

Publix Grape Magazine - Winter 2014

Servings: 1

*1/2 cup red zinfandel wine
2 tablespoons tequila
2 tablespoons orange juice
2 tablespoons simple syrup (see
Beverages/Alcoholic)
1 tablespoon lime juice
ice
lime wedge*

In a cocktail shaker filled with ice, combine the wine, tequila and orange juice.

Shake and strain into a glass garnished with a lime wedge.

Start to Finish Time: 5 minutes

Per Serving (excluding unknown items): 82 Calories; trace Fat (3.4% calories from fat); trace Protein; 5g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1/2 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	82
% Calories from Fat:	3.4%
% Calories from Carbohydrates:	91.0%
% Calories from Protein:	5.6%
Total Fat (g):	trace
Saturated Fat (g):	trace
Monounsaturated Fat (g):	trace
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	0mg
Carbohydrate (g):	5g
Dietary Fiber (g):	trace
Protein (g):	trace
Sodium (mg):	1mg
Potassium (mg):	79mg
Calcium (mg):	5mg
Iron (mg):	trace

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	18mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	64
% Refuse:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	1/2
Non-Fat Milk:	0
Fat:	0

Zinc (mg): trace
Vitamin C (mg): 20mg
Vitamin A (i.u.): 64IU
Vitamin A (r.e.): 15 1/2RE

Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 82 **Calories from Fat:** 3

% Daily Values*

Total Fat	trace	0%
Saturated Fat	trace	0%
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	5g	2%
Dietary Fiber	trace	0%
Protein	trace	

Vitamin A	1%
Vitamin C	33%
Calcium	0%
Iron	0%

** Percent Daily Values are based on a 2000 calorie diet.*