

Lone Tree Cooler

Publix Liquors

*1/2 ounce simple syrup
2 ounces club soda
2 ounces gin
1/2 ounce dry vermouth
1 ounce ginger ale*

In a collins glass, combine the simple syrup and club soda.

Add the ice.

Add the gin and vermouth.

Finish with ginger ale. Stir well.

Per Serving (excluding unknown items): 192 Calories; 0g Fat (0.0% calories from fat); trace Protein; 7g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 18mg Sodium. Exchanges: 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	192	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	99.9%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.1%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	trace
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	166
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	7g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	18mg	Vegetable:	0
Potassium (mg):	7mg	Fruit:	0
Calcium (mg):	5mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace
 Vitamin C (mg): 0mg
 Vitamin A (i.u.): 0IU
 Vitamin A (r.e.): 0RE

Other Carbohydrates: 1/2

Nutrition Facts

Amount Per Serving

Calories 192 Calories from Fat: 0

% Daily Values*

Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	18mg	1%
Total Carbohydrates	7g	2%
Dietary Fiber	0g	0%
Protein	trace	

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.