
Mulled Wine

Audrey Bayer - New York

North American Potpourri - Autism Directory Service, Inc - 1993

6 tablespoons sugar

1/4 cup water

10 whole cloves

6 orange slices

6 lemon slices

4 cinnamon sticks

6 cups dry red wine

In a two-quart saucepan, combine the sugar, water, cloves, orange slices, lemon slices and cinnamon sticks. Heat slowly, stirring occasionally, until the sugar is dissolved.

Stir in the wine and continue to heat the mixture until just below the boiling point.

Strain into six heated mugs.

Beverages

Per Serving (excluding unknown items): 2181 Calories; 16g Fat (9.9% calories from fat); 19g Protein; 314g Carbohydrate; 78g Dietary Fiber; 0mg Cholesterol; 1085mg Sodium. Exchanges: 5 1/2 Grain(Starch); 9 Fruit; 3 Fat; 5 Other Carbohydrates.