

## Beverages

---

# Old-Fashioned II

Alison Ladman and Michelle Locke - For The Associated Press  
Palm Beach Post

**Servings: 1**

**Start to Finish Time: 10 minutes**

**1 cube or 1 teaspoon sugar**

**2 maraschino cherries**

**2 slices orange**

**2 dashes bitters**

**splash soda water**

**2 ounces rye whiskey**

**ice**

In an old-fashioned glass, combine the sugar, one cherry, one orange slice, the bitters and the soda water.

Muddle the ingredients together in the glass until the sugar is completely dissolved.

Add the rye and a couple of ice cubes.

Garnish with the remaining cherry and orange slice.

---

Per Serving (excluding unknown items): 1482 Calories; 1g Fat (0.8% calories from fat); 3g Protein; 379g Carbohydrate; 11g Dietary Fiber; 0mg Cholesterol; 244mg Sodium. Exchanges: 2 Fruit; 23 1/2 Other Carbohydrates.