

Palm Beach

Publix Liquors

Servings: 1

1 1/2 ounces vodka
 1 ounce grapefruit juice
 1/2 ounce simple syrup
 1/2 ounce creme de cassis

In a cocktail shaker filled with ice, add the vodka, grapefruit juice, simple syrup and creme de cassis. Shake.

Per Serving (excluding unknown items): 166 Calories; trace Fat (0.5% calories from fat); trace Protein; 13g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit; 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	166
% Calories from Fat:	0.5%
% Calories from Carbohydrates:	98.5%
% Calories from Protein:	1.0%
Total Fat (g):	trace
Saturated Fat (g):	trace
Monounsaturated Fat (g):	trace
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	0mg
Carbohydrate (g):	13g
Dietary Fiber (g):	trace
Protein (g):	trace
Sodium (mg):	1mg
Potassium (mg):	48mg
Calcium (mg):	3mg
Iron (mg):	trace
Zinc (mg):	trace
Vitamin C (mg):	11mg
Vitamin A (i.u.):	125IU
Vitamin A (r.e.):	12 1/2RE

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	3mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	138
% Refuse:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	0
Other Carbohydrates:	1/2

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 166 Calories from Fat: 1

% Daily Values*

Total Fat trace 0%

Saturated Fat trace 0%

Cholesterol 0mg 0%

Sodium 1mg 0%

Total Carbohydrates 13g 4%

Dietary Fiber trace 0%

Protein trace

Vitamin A 2%

Vitamin C 18%

Calcium 0%

Iron 1%

** Percent Daily Values are based on a 2000 calorie diet.*