

Party Bowl Punch

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Servings: 8

3 cups orange-passion fruit-guava juice blend

1 can (6 ounce) frozen limeade concentrate, thawed

1 cup light rum (optional)

1 bottle (33.5 ounce) ginger ale tropical fruit; such as mango, papaya, kiwi or pineapple (for garnish)

Preparation Time: 10 minutes

Chill: 2 hours

In a large punch bowl, stir the juice blend, limeade and rum, if desired. Stir. Chill for 2 to 24 hours.

Just before serving, stir in the ginger ale.

Garnish each serving with tropical fruit.

Per Serving (excluding unknown items): 1 Calories; 0g Fat (0.0% calories from fat); 0g Protein; trace Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	1	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	100.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	trace	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	0g	Lean Meat:	0
Sodium (mg):	trace	Vegetable:	0
Potassium (mg):	trace	Fruit:	0

Calcium (mg): trace
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 0mg
Vitamin A (i.u.): 0IU
Vitamin A (r.e.): 0RE

Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 1 Calories from Fat: 0

% Daily Values*

Total Fat	0g		0%
	Saturated Fat	0g	0%
Cholesterol	0mg		0%
Sodium	trace		0%
Total Carbohydrates		trace	0%
	Dietary Fiber	0g	0%
Protein	0g		

Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			0%

** Percent Daily Values are based on a 2000 calorie diet.*