

Beverage

Planter's Punch

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Servings: 6

1 cup white rum
1 cup (2 oranges) fresh orange juice
1 cup pineapple juice
1 cup bottled guava nectar
2 tablespoons sugar
2 tablespoons fresh lime juice
1/4 teaspoon Angostura bitters
6 cinnamon sticks
6 pineapple slices
6 orange slices
6 maraschino cherries
1/4 teaspoon grated nutmeg (optional)

In a pitcher, combine the rum, orange juice, pineapple juice, guava nectar, sugar, lime juice and Angostura bitters. Serve over ice.

Garnish each serving with one cinnamon stick, one pineapple slice, one orange slice and one cherry.

Sprinkle with nutmeg, if desired.

Per Serving (excluding unknown items): 612 Calories; 2g Fat (2.8% calories from fat); 4g Protein; 135g Carbohydrate; 15g Dietary Fiber; 0mg Cholesterol; 127mg Sodium. Exchanges: 1/2 Grain(Starch); 3 Fruit; 0 Fat; 5 1/2 Other Carbohydrates.