

Beverage

Raspberry-Orange Sunrises

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Servings: 6

4 cups (8 oranges) fresh orange juice
1 cup frozen unsweetened raspberries
1 1/2 cups semisweet sparkling wine
3 orange slices, halved

Place the orange juice and raspberries in a blender. Process until smooth.

Pour the juice mixture into a pitcher.

Stir in the wine.

Serve over ice.

Garnish with orange slices, if desired.

Yield: 6 one cup servings

Per Serving (excluding unknown items): 117 Calories; trace Fat (3.2% calories from fat); 2g Protein; 28g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 2 Fruit.