

Rum In The Snow

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1 1/2 ounces spiced rum
3/4 ounce simple syrup
dash vanilla extract
3 ounces whole milk
ground nutmeg (for garnish)
(optional)
ground cinnamon (for
garnish) (optional)

In an ice-filled cocktail shaker, combine the rum, simple syrup, vanilla extract and milk.

Shake vigorously.

Strain into a chilled martini glass.

Garnish with a light dusting of nutmeg and cinnamon, if desired.

Per Serving (excluding unknown items): 77 Calories; 3g Fat (32.8% calories from fat); 3g Protein; 10g Carbohydrate; 0g Dietary Fiber; 12mg Cholesterol; 42mg Sodium. Exchanges: 1/2 Non-Fat Milk; 1/2 Fat; 1/2 Other Carbohydrates.