

# Rum Punch

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**Servings: 12**

**1/2 cup sugar**

**1/2 cup water**

**4 cups mango juice, chilled**

**3 cups pineapple juice, chilled**

**1 1/2 cups dark rum**

**1/3 cup (3 limes) fresh lime juice**

**1/4 cup grenadine**

**3 cups club soda, chilled**

In a small saucepan over high heat, combine the sugar and water. Bring to a boil. Cook until the sugar dissolves, stirring occasionally. Remove from the heat.

Transfer the sugar mixture to a small bowl. Chill.

In a large bowl, combine the sugar mixture, mango juice, pineapple juice, rum, lime juice and grenadine. Mix well.

Stir in the soda.

Serve over ice.

Yield: 12 one cup servings

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Per Serving (excluding unknown items): 179 Calories; trace Fat (1.6% calories from fat); trace Protein; 29g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 24mg Sodium. Exchanges: 1 Fruit; 1 Other Carbohydrates.