

Seabreeze Sensation

Publix Liquors

Servings: 1

*4 ounces cranberry juice
1 1/2 ounces vodka
1/2 ounce Ruby Red grapefruit juice
lime or lemon wedge (for garnish)*

Fill a shaker glass with ice.

Add the cranberry juice, vodka and grapefruit juice. Shake well.

Strain into an ice-filled rocks or collins glass,

Garnish with a lime or lemon wedge.

Per Serving (excluding unknown items): 168 Calories; trace Fat (1.6% calories from fat); trace Protein; 18g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	168	Vitamin B6 (mg):	trace
% Calories from Fat:	1.6%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	98.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	0.4%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	2mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	98
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	18g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	3mg	Vegetable:	0
Potassium (mg):	45mg	Fruit:	1
Calcium (mg):	5mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace
Vitamin C (mg): 46mg
Vitamin A (i.u.): 67IU
Vitamin A (r.e.): 6RE

Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 168 Calories from Fat: 3

% Daily Values*

Total Fat	trace	0%
Saturated Fat	trace	0%
Cholesterol	0mg	0%
Sodium	3mg	0%
Total Carbohydrates	18g	6%
Dietary Fiber	trace	1%
Protein	trace	

Vitamin A	1%
Vitamin C	76%
Calcium	0%
Iron	1%

** Percent Daily Values are based on a 2000 calorie diet.*