

Simple Syrup - Honey-Sage

*Broussard's - New Orleans, LA
Food Network Magazine - January/February 2021*

*1 sage leaf
5 ounces honey
3/4 cup water*

In a small saucepan, bring the water and the sage to a boil.

Reduce the heat and simmer 7 to 10 minutes.

Remove the sage leaf. Stir in the honey until combined.

Let cool.

Per Serving (excluding unknown items): 431 Calories; 0g Fat (0.0% calories from fat); trace Protein; 117g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 11mg Sodium. Exchanges: 8 Other Carbohydrates.