

Simple Syrup Cinnamon

Aldi test Kitchen
www.aldi.com

1/4 cup brown sugar
1/4 cup water
1/4 teaspoon ground
cinnamon

In a small pot, over medium-high heat, combine the brown sugar, water and cinnamon.

Whisk until the sugar dissolves. Boil the mixture, stirring occasionally until thickened, about 5 minutes.

Remove from the heat.

Let cool.

Per Serving (excluding unknown items): 138 Calories; trace Fat (0.1% calories from fat); trace Protein; 36g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 16mg Sodium. Exchanges: 0 Grain(Starch); 0 Fat; 2 1/2 Other Carbohydrates.