

# Sparkling-Wine Moscow Mule

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## Servings: 4

*1/2 cup warm simple syrup (see Beverages/Alcoholic)  
1/2 cup fresh ginger, peeled and chopped  
1 cup vodka  
16 large lime slices  
1 cup dry sparkling wine, chilled*

## Preparation Time: 10 minutes

### Cool: 1 hour

In a medium bowl, combine the warm simple syrup and the ginger. Let stand about one hour until cool. Strain through a fine mesh sieve. Discard the ginger solids.

Fill each of four Moscow Mule Mugs with ice. Divide the simple syrup mixture and vodka among the mugs.

Squeeze a lime slice into each mug. Drop the slice into the liquid.

Top with sparkling wine.

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Per Serving (excluding unknown items): 157 Calories; trace Fat (4.6% calories from fat); 1g Protein; 9g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1/2 Vegetable; 1/2 Fruit.

Beverages

## Per Serving Nutritional Analysis

Calories (kcal):	157	Vitamin B6 (mg):	trace
% Calories from Fat:	4.6%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	88.9%	Thiamin B1 (mg):	0mg
% Calories from Protein:	6.5%	Riboflavin B2 (mg):	0mg
Total Fat (g):	trace	Folacin (mcg):	7mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	128
Cholesterol (mg):	0mg	% Refuse:	0.0%
Carbohydrate (g):	9g		

## Food Exchanges

**Dietary Fiber (g):** 1g  
**Protein (g):** 1g  
**Sodium (mg):** 3mg  
**Potassium (mg):** 120mg  
**Calcium (mg):** 24mg  
**Iron (mg):** 1mg  
**Zinc (mg):** trace  
**Vitamin C (mg):** 20mg  
**Vitamin A (i.u.):** 7IU  
**Vitamin A (r.e.):** 1/2RE

**Grain (Starch):** 0  
**Lean Meat:** 0  
**Vegetable:** 1/2  
**Fruit:** 1/2  
**Non-Fat Milk:** 0  
**Fat:** 0  
**Other Carbohydrates:** 0

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## Nutrition Facts

Servings per Recipe: 4

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### Amount Per Serving

**Calories** 157 Calories from Fat: 7

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#### % Daily Values\*

<b>Total Fat</b>	trace	0%
Saturated Fat	trace	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	3mg	0%
<b>Total Carbohydrates</b>	9g	3%
Dietary Fiber	1g	2%
<b>Protein</b>	1g	

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<b>Vitamin A</b>	0%
<b>Vitamin C</b>	33%
<b>Calcium</b>	2%
<b>Iron</b>	3%

\* Percent Daily Values are based on a 2000 calorie diet.