

Stout Float Punch (Alcoholic)

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Servings: 12

2 pints vanilla ice cream, softened
 2 bottles (12 ounce ea) chocolate stout beer
 1 can (14 ounce) sweetened condensed milk
 3/4 cup sugar
 6 cups cream soda

Scoop two pints of softened vanilla ice cream into a ring mold. Smooth the top. Freeze.

In a punch bowl, whisk the stout beer, condensed milk and sugar.

Add the cream soda and ice cream ring.

Per Serving (excluding unknown items): 282 Calories; 7g Fat (21.9% calories from fat); 4g Protein; 53g Carbohydrate; 0g Dietary Fiber; 28mg Cholesterol; 83mg Sodium. Exchanges: 1 1/2 Fat; 3 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	282	Vitamin B6 (mg):	trace
% Calories from Fat:	21.9%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	73.2%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.9%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	7g	Folacin (mcg):	5mcg
Saturated Fat (g):	4g	Niacin (mg):	trace
Monounsaturated Fat (g):	2g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
Cholesterol (mg):	28mg	% Refuse:	n n%
Carbohydrate (g):	53g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	4g	Lean Meat:	0
Sodium (mg):	83mg	Vegetable:	0
Potassium (mg):	184mg	Fruit:	0
Calcium (mg):	135mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	1 1/2
Zinc (mg):	1mg	Other Carbohydrates:	3 1/2

Vitamin C (mg): 1mg
Vitamin A (i.u.): 264IU
Vitamin A (r.e.): 76 1/2RE

Nutrition Facts

Servings per Recipe: 12

Amount Per Serving

Calories 282 **Calories from Fat:** 62

% Daily Values*

Total Fat	7g	11%
Saturated Fat	4g	22%
Cholesterol	28mg	9%
Sodium	83mg	3%
Total Carbohydrates	53g	18%
Dietary Fiber	0g	0%
Protein	4g	

Vitamin A	5%
Vitamin C	2%
Calcium	13%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.