
Strawberry Daiquiri

Mary Ann frechette

Nettles Island Cooking in Paradise - 2014

1 1/2 pints frozen strawberries

1/2 can frozen lemonade

1 cup sugar

2 shots rum or vodka

ice (to fill a blender)

In a blender, mix the strawberries, lemonade, sugar, liquor and ice. Blend until smooth.

(Add extra sugar, if needed.)

Beverages

Per Serving (excluding unknown items): 1371 Calories; 1g Fat (0.6% calories from fat); 4g Protein; 360g Carbohydrate; 15g Dietary Fiber; 0mg Cholesterol; 10mg Sodium. Exchanges: 10 1/2 Fruit; 13 1/2 Other Carbohydrates.