

Strawberry Tequila Fizz-Arita

Food Network Magazine - April 2020

3 strawberries, chopped
1 egg white
1 1/2 ounces tequila
1 ounce Lillet Rose'
3/4 ounce lemon juice
3/4 ounce simple syrup
2 dashes orange bitters
strawberry (for garnish)

In a cocktail shaker, muddle the strawberries.

Add the egg white, tequila, Lillet Rose', lemon juice, simple syrup and orange bitters.

Shake for 30 seconds.

Add ice. Shake for 30 more seconds.

Strain into a glass.

Garnish with a strawberry.

When you separate the eggs, make sure none of the yolk lands in the white.

Start off with a vigorous "dry shake" (without ice) to emulsify the whites with the other ingredients.

Finish with a traditional "wet shake" (with ice) to chill the cocktail.

Per Serving (excluding unknown items): 155 Calories; trace Fat (1.8% calories from fat); 4g Protein; 11g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 56mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Fruit; 1/2 Other Carbohydrates.