

Summer Storm

Oma Blaise Ford

Better Homes and Gardens Magazine - June 2014

2 cups sweet vermouth
1 to 1-1/2 cups lime juice
2 cups ginger beer
simple syrup (optional) (see recipe in
Beverages/ Alcoholic)

In a large pitcher, combine the vermouth, lime
juice and ginger beer.

If the mixture is too tart, add some simple syrup
to taste.

Serve over ice.

If the mixture is too tart for your taste
buds, add a little simple syrup.

Per Serving (excluding unknown
items): 855 Calories; trace Fat
(0.7% calories from fat); 1g Protein;
79g Carbohydrate; 1g Dietary
Fiber; 0mg Cholesterol; 45mg
Sodium. Exchanges: 1 1/2 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	855	Vitamin B6 (mg):	.1mg
% Calories from Fat:	0.7%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	98.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	1.3%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	22mcg
Saturated Fat (g):	trace	Niacin (mg):	1mg
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	788
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	79g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	1g	Lean Meat:	0
Sodium (mg):	45mg	Vegetable:	0
Potassium (mg):	702mg	Fruit:	1 1/2
Calcium (mg):	50mg	Non-Fat Milk:	0
Iron (mg):	2mg	Fat:	0

