

Sweet Basil Dazzler

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Servings: 1

4 large basil leaves

1 teaspoon sugar

ice

2 tablespoons gin

1 tablespoon lime juice

*1/2 cup dry sparkling wine, chilled
basil leaves (for garnish)*

In an eight-ounce rocks glass, combine the basil leaves and sugar. To muddle, crush the basil leaves with the back of a spoon.

Fill the glass with ice.

Stir in the gin and lime juice. Top with sparkling wine.

Garnish with fresh basil.

Start to Finish Time: 5 minutes

Per Serving (excluding unknown items): 94 Calories; trace Fat (0.6% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit; 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	94
% Calories from Fat:	0.6%
% Calories from Carbohydrates:	97.6%
% Calories from Protein:	1.9%
Total Fat (g):	trace
Saturated Fat (g):	trace
Monounsaturated Fat (g):	trace
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	0mg
Carbohydrate (g):	6g
Dietary Fiber (g):	trace
Protein (g):	trace
Sodium (mg):	1mg

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	3mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	73
% Refuse:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0

Potassium (mg): 26mg
Calcium (mg): 5mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 5mg
Vitamin A (i.u.): 79IU
Vitamin A (r.e.): 8RE

Fruit: 0
Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 1/2

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 94 Calories from Fat: 1

% Daily Values*

Total Fat	trace	0%
	Saturated Fat trace	0%
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	6g	2%
	Dietary Fiber trace	0%
Protein	trace	

Vitamin A	2%
Vitamin C	8%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.