

Tequila Sour

Publix Liquors

Servings: 1

ice

2 ounces tequila

1 ounce lemon juice

1/2 ounce simple syrup

dash orange bitters

orange slice (for garnish)

Fill a shaker glass with ice.

Add the tequila, lemon juice and simple syrup.

Shake vigorously. Strain into an ice-filled old fashioned glass.

Garnish with an orange slice.

Per Serving (excluding unknown items): 154 Calories; 0g Fat (0.0% calories from fat); trace Protein; 7g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit; 1/2 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	154	Vitamin B6 (mg):	trace
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	98.4%	Thiamin B1 (mg):	trace
% Calories from Protein:	1.6%	Riboflavin B2 (mg):	trace
Total Fat (g):	0g	Folacin (mcg):	4mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	131
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	7g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	1mg	Vegetable:	0
Potassium (mg):	36mg	Fruit:	0
Calcium (mg):	2mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace
Vitamin C (mg): 13mg
Vitamin A (i.u.): 6IU
Vitamin A (r.e.): 1/2RE

Other Carbohydrates: 1/2

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 154 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrates 7g	2%
Dietary Fiber trace	0%
Protein trace	

Vitamin A	0%
Vitamin C	22%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.