

Watermelon-Lime Punch (Alcoholic)

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Servings: 12

1 medium seedless watermelon, cubed
2 cups vodka
1 1/4 cups lime juice
1/2 cup elderflower liqueur
mint leaves (for garnish)
lime slices (for garnish)

Freeze one-half of the watermelon cubes.

In a blender, puree the remaining watermelon cubes. Strain into a punch bowl.

Add the vodka, lime juice and elderflower liqueur.

Add the frozen watermelon cubes.

Garnish with mint leaves and lime slices.

Per Serving (excluding unknown items): 93 Calories; trace Fat (2.3% calories from fat); trace Protein; 2g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	93	Vitamin B6 (mg):	trace
% Calories from Fat:	2.3%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	93.2%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.5%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	2mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	86
Cholesterol (mg):	0mg	% Refuse:	0 0%
Carbohydrate (g):	2g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	1mg	Vegetable:	0

Potassium (mg): 29mg
Calcium (mg): 2mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 8mg
Vitamin A (i.u.): 3IU
Vitamin A (r.e.): 1/2RE

Fruit: 0
Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 12

Amount Per Serving

Calories 93 Calories from Fat: 2

% Daily Values*

Total Fat	trace	0%
	Saturated Fat trace	0%
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	2g	1%
	Dietary Fiber trace	0%
Protein	trace	

Vitamin A		0%
Vitamin C		13%
Calcium		0%
Iron		0%

* Percent Daily Values are based on a 2000 calorie diet.