

Dalgona Coffee

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*2 tablespoons granulated
sugar
2 tablespoons instant coffee
OR espresso powder
2 tablespoons boiling water
1 cup cold milk*

In a medium bowl, combine the sugar and instant coffee.

Add the boiling water. Beat with a mixer on medium-high speed until pale brown and fluffy, 3 to 5 minutes.

Pour one cup of cold milk into an ice-filled glass. Spoon the whipped coffee mixture over the top just before serving.

Per Serving (excluding unknown items): 97 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 25g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1 1/2 Other Carbohydrates.