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# Blackberry Lemonade

*The Essential Southern Living Cookbook*

Start to Finish Time: 10 minutes

**1 package (14 ounce) frozen blackberries**  
**1 jar (16 ounce) maraschino cherries without stems**  
**1 1/4 cups granulated sugar**  
**3/4 cup (5 lemons) fresh lemon juice**  
**1/4 cup (1 large lime) fresh lime juice**  
**ice**

In a blender, process the blackberries, cherries, sugar, lemon juice and lime juice until smooth, stopping to scrape down the sides.

Pour the fruit mixture through a fine-mesh strainer into a pitcher, discarding the solids.

Stir in three cups of water. Serve over ice.

Yield: 6 cups

## **Beverages**

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*Per Serving (excluding unknown items): 1126 Calories; 1g Fat (0.5% calories from fat); 3g Protein; 295g Carbohydrate; 9g Dietary Fiber; 0mg Cholesterol; 6mg Sodium. Exchanges: 3 Fruit; 17 Other Carbohydrates.*