

## Beverages

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# Lavender Lemonade

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**Servings: 6**

**Preparation Time: 10 minutes**

**Start to Finish Time: 1 hour 10 minutes**

**2 1/2 cups water**

**1 cup sugar**

**1 tablespoon dried lavender flowers**

**2 1/2 cups cold water**

**1 cup lemon juice**

**ice cubes**

In a large saucepan, bring the water and sugar to a boil. Remove from the heat.

Add the lavender. Cover and let stand for one hour.

Strain the mixture, discarding the lavender.

Stir in the cold water and lemon juice.

Serve over ice.

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Per Serving (excluding unknown items): 139 Calories; 0g Fat (0.0% calories from fat); trace Protein; 37g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 7mg Sodium. Exchanges: 0 Fruit; 2 Other Carbohydrates.