

Raspberry Lemonade

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2 cups fresh raspberries
2 cans (12 ounce ea) frozen lemonade
concentrate
fresh raspberries (for garnish)

In a food processor, puree the raspberries.

Press through a sieve. Discard the seeds.

Prepare the lemonade

Stir the puree into the lemonade. Chill.

Garnish with fresh raspberries.

Per Serving (excluding unknown items): 124 Calories; 1g Fat (8.7% calories from fat); 2g Protein; 29g Carbohydrate; 17g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: 1 1/2 Fruit.