

Tennessee Lemonade

Publix Liquors

Servings: 1

- 1 ounce whiskey*
- 1 ounce triple sec*
- 1 ounce sour mix*
- 4 ounces lemon-lime soda*
- slice of lemon or lime (for garnish)*

Fill a collins glass with ice.

Add the whiskey, triple sec and sour mix. Stir well.

Top with the lemon-lime soda.

Garnish with a lime or lemon wedge.

Per Serving (excluding unknown items): 223 Calories; trace Fat (0.2% calories from fat); trace Protein; 26g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 22mg Sodium. Exchanges: 1 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	223	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.2%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	99.7%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.1%	Riboflavin B2 (mg):	0mg
Total Fat (g):	trace	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	153
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	26g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	22mg	Vegetable:	0
Potassium (mg):	4mg	Fruit:	0
Calcium (mg):	3mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace
Vitamin C (mg): 1mg
Vitamin A (i.u.): 6IU
Vitamin A (r.e.): 1/2RE

Other Carbohydrates: 1

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 223 Calories from Fat: 1

% Daily Values*

Total Fat	trace	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	22mg	1%
Total Carbohydrates	26g	9%
Dietary Fiber	0g	0%
Protein	trace	

Vitamin A	0%
Vitamin C	1%
Calcium	0%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.