

Beverages

Watermelon Lemonade II

www.splenda.tastebook.com

Servings: 5

Start to Finish Time: 15 minutes

7 cups cut-up watermelon cubes, seeded

1 cup fresh lemon juice

1 cup Splenda no calorie sweetener

In a food processor, in batches if necessary, process the watermelon cubes until smooth.

Press the mixture through a sieve into a pitcher. Discard the solids. (You should have about three cups of watermelon juice.)

Add the lemon juice and sweetener, stirring until the sweetener dissolves.

Serve over ice.

Per Serving (excluding unknown items): 12 Calories; 0g Fat (0.0% calories from fat); trace Protein; 4g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 1/2 Fruit.