

Watermelon Limeade

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*3/4 cup sugar
3/4 cup water
4 cups watermelon, cubed
1 cup lime juice
2 cups watermelon
sparkling water
lime wedges (for garnish)*

In a saucepan, bring the water and sugar to a boil, stirring to dissolve the sugar.

Transfer to a pitcher. Chill.

Puree' the watermelon. Strain into the sugar-water pitcher.

Stir in the lime juice and watermelon sparkling water.

Pour into glasses. Garnish with lime wedges.

Per Serving (excluding unknown items): 844 Calories; 3g Fat (2.9% calories from fat); 5g Protein; 216g Carbohydrate; 4g Dietary Fiber; 0mg Cholesterol; 22mg Sodium. Exchanges: 4 1/2 Fruit; 10 Other Carbohydrates.