
She Pretty

Eamon Rockey - Listen Bar, Brooklyn, NY
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Servings: 1

Preparation Time: 15 minutes

Start to Finish Time: 45 minutes

FOR THE CONSOMME'

3 cups strawberries, quartered

1/2 cup sugar

2 3/4 cups water

FOR THE DRINK

1 ounce lemon juice

1 large egg white

3 drops rosewater

edible flower (for garnish)

Make the strawberry consomme': In a medium saucepan, combine the strawberries, sugar and water. Simmer until the strawberries break down, about 30 minutes. Strain through a fine-mesh sieve (discard the solids). Refrigerate until cooled, about one hour.

Make the drink: In a cocktail shaker with ice, combine the lemon juice, egg white, rosewater and 2-1/2 ounces of the strawberry consomme'. Shake well.

Strain the drink into a coupe glassw.

Garnish with an edible flower.

Beverages

Per Serving (excluding unknown items): 544 Calories; 1g Fat (2.3% calories from fat); 6g Protein; 134g Carbohydrate; 10g Dietary Fiber; 0mg Cholesterol; 80mg Sodium. Exchanges: 1/2 Lean Meat; 2 1/2 Fruit; 6 1/2 Other Carbohydrates.