

Cup of Kindness

Joyce Levi

Unitarian Universalist Fellowship of Vero Beach, FL 2000

Yield: 6 servings

4 cups tomato juice
1 cup water
1/4 teaspoon oregano
1/2 teaspoon celery salt
1 tablespoon butter
2 chicken bouillon cubes
1 tablespoon lemon juice
1 teaspoon parsley flakes
Tabasco sauce (to taste)
lemon slices (optional) (for garnish)

In a large saucepan, heat all of the ingredients until boiling hot.

Serve with a lemon slice for garnish.

Per Serving (excluding unknown items): 297 Calories; 13g Fat (36.0% calories from fat); 9g Protein; 45g Carbohydrate; 12g Dietary Fiber; 32mg Cholesterol; 5927mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 7 Vegetable; 0 Fruit; 2 1/2 Fat.