

Beverage

Minted Lemon-Lime Watermelon Agua Franca

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Servings: 9

Preparation Time: 20 minutes

Start to Finish Time: 40 minutes

1 1/4 cups water

1/2 cup sugar

1/3 cup fresh mint, coarsely chopped

1 tablespoon lime rind, grated

1 tablespoon lemon rind, grated

12 cups watermelon, seeded and cubed

1/4 cup fresh lime juice

3 tablespoons fresh lemon juice

In a small saucepan, combine the water and sugar. Bring to a boil over medium-high heat. Cook for 30 seconds or until the sugar dissolves, stirring frequently. Remove from the heat.

Stir in the mint, lime rind and lemon rind. Let stand for 20 minutes.

Strain the mixture through a fine mesh sieve over a bowl. Discard the solids.

Place 1/3 of the sugar syrup and 1/3 of the watermelon in a blender. Process until smooth. Pour the puree' into a large pitcher.

Repeat the procedure twice with the remaining sugar syrup and watermelon.

Stir in the lime juice and lemon juice.

Serve over ice or refrigerate until ready to serve.

Stir before serving.

Yield: 9 one cup servings

Per Serving (excluding unknown items): 114 Calories; 1g Fat (6.7% calories from fat); 1g Protein; 27g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 6mg Sodium. Exchanges: 0 Vegetable; 1 Fruit; 1/2 Other Carbohydrates.