

# Peaches and Cream Fizz

*Teresa Jarnot - Monroe, WA  
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**Servings: 6**

*3 medium peaches, pitted  
1/3 cup ginger ale chilled  
2 tablespoons honey  
1 quart vanilla ice cream  
whipped cream (optional)  
peach slices (optional)*

Place the peaches, ginger ale and honey in a blender. Cover and process until smooth.

Add the ice cream. Cover and process until combined.

Pour into serving glasses. If desired, top with whipped cream and garnish with peach slices.

Serve the drinks immediately.

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Per Serving (excluding unknown items): 219 Calories; 10g Fat (38.2% calories from fat); 3g Protein; 32g Carbohydrate; 1g Dietary Fiber; 39mg Cholesterol; 71mg Sodium. Exchanges: 1/2 Fruit; 2 Fat; 2 Other Carbohydrates.