

# Strawberry Mango Sunrise

Chef Michelle - Aldi Test Kitchen  
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**Yield: 3 eight ounce drinks**

*2 mangoes, peeled and cored*  
*2 cups nonfat Greek yogurt, divided*  
*4 tablespoons organic light agave nectar, divided*  
*24 strawberries, hulled*

In the blender, combine the strawberries with one cup of the yogurt and two tablespoons of the agave. Puree'.

Divide the mixture among three sixteen-ounce glasses.

In a blender, combine the mangoes with one cup of the yogurt and two tablespoons of agave. Puree'.

Divide the mango mixture into the glasses on top of the strawberry mixture.

Garnish with fruit.

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Per Serving (excluding unknown items): 86 Calories; 1g Fat (9.0% calories from fat); 2g Protein; 20g Carbohydrate; 6g Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1 1/2 Fruit.