
Sunrise Sparkler II

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1 lime, sliced thinly
3 cups ruby red grapefruit juice
4 cups pineapple juice
1 tablespoon ginger spice paste
24 ounces chilled ginger ale
6 cups crushed ice (& more, if needed)
6 tablespoons granadine (or maraschino cherry juice)
lime slices (for garnish)

In a pitcher or punch bowl, combine the grapefruit juice, pineapple juice and ginger paste until well blended.

Pour or ladle 2/3 cup of the punch into each serving glass. Add about 1/2 cup of crushed ice. Then top with 1/4 cup of ginger ale and 1/2 teaspoon of grenadine.

Garnish with a slice of lime.

(NOTE: For an adult beverage, replace the ginger ale with sparkling wine or champagne for a bright mimosa-style drink.)

Per Serving (excluding unknown items): 869 Calories; 2g Fat (1.7% calories from fat); 7g Protein; 213g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 19mg Sodium. Exchanges: 14 Fruit.