

Beverages

Sangria

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Servings: 12

Preparation Time: 15 minutes

Start to Finish Time: 3 hours 15 minutes

4 cups dry red wine

3/4 cup brandy

1/2 cup orange liqueur

1/2 cup sugar

1/3 cup fresh lemon juice

1/8 cup fresh lime juice

2 oranges, thinly sliced

1 lemon, thinly sliced

1 apple, cut into wedges

2 peaches, cut into wedges

2 cups chilled club soda or seltzer

In a large pitcher, combine the wine, brandy and orange liqueur.

Stir in the sugar, lemon juice, and lime juice. Taste and add extra sugar as desired.

Add the oranges, lemon, apple and peaches.

Cover and refrigerate for 3 hours.

Just before serving, add the club soda.

Per Serving (excluding unknown items): 175 Calories; trace Fat (0.9% calories from fat); trace Protein; 18g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 51mg Sodium. Exchanges: 1/2 Fruit; 1/2 Other Carbohydrates.