

**Beverage**

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# **Sparkling Sangria Tea**

Lipton Tea Company

**Servings: 7**

**Preparation Time: 15 minutes**

**Chill: 2 hours**

**3 cups boiling water**

**2 family-size Iced Tea Brew tea bags**

**1/3 cup sugar**

**2 cups no sugar added purple grape juice, chilled**

**1 medium orange, sliced**

**1 medium lemon, sliced**

**1 medium lime, sliced**

**club soda or seltzer, chilled**

In a saucepan, pour the boiling water over the tea bags. Cover and brew for 5 minutes.

Remove the tea bags and squeeze dry.

Stir in the sugar and cool.

In a pitcher, combine the tea with the grape juice, orange, lemon and lime.

Chill for a minimum of two hours.

Just before serving, add a splash of soda.

Pour into ice-filled glasses.

Garnish with additional orange, lemon and lime slices, if desired.

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Per Serving (excluding unknown items): 50 Calories; trace Fat (1.0% calories from fat); trace Protein; 14g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 0 Fruit; 1/2 Other Carbohydrates.