

Summer White Peach Sangria

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*2 large white peaches,
peeled and cut into thin
wedges*
*1 cup seedless green
grapes, halved*
*1 cup seedless red grapes,
halved*
*2 cups chilled cantaloupe
melon balls*
1 bottle (750 ml) Moscato
1/2 cup peach nectar
*1/4 cup (2 lemons) fresh
lemon juice*
1/4 cup (2 ounces) brandy
*1 can (12 ounce) chilled
peach and pear sparkling
water*

Preparation Time: 4 hours

Place the peaches, grapes and cantaloupe in a large pitcher or punchbowl.

Add the Moscato, peach nectar, lemon juice and brandy. Stir gently.

Chill for four hours.

When ready to serve, add the sparkling water.

Serve chilled with plenty of fruit in each glass.

Per Serving (excluding unknown items): 100 Calories; trace Fat (0.2% calories from fat); 1g Protein; 23g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 9mg Sodium. Exchanges: 1 1/2 Fruit.