

Blueberry Crumble Smoothie

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2 cups frozen blueberries
1 cup oat milk
1/4 cup granola
3 tablespoons vanilla
protein powder
2 tablespoons almond
butter
1 teaspoon vanilla
1/2 teaspoon cinnamon
granola (for topping)

In a blender, combine the blueberries, oat milk, granola, protein powder, almond butter, vanilla and cinnamon. Blend until smooth.

Pour into a glass.

Top with granola.

Per Serving (excluding unknown items): 520 Calories; 29g Fat (47.0% calories from fat); 10g Protein; 63g Carbohydrate; 13g Dietary Fiber; 0mg Cholesterol; 10mg Sodium. Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 3 Fruit; 5 Fat.