

## Beverages

---

# Fuzzy Orange Smoothie

www.splenda.tastebook.com

**Servings: 4**

**Start to Finish Time: 10 minutes**

**2 small ripe bananas, sliced**

**2 cups frozen peach slices**

**1 cup orange juice**

**6 packets Splenda Essentials no calorie sweetener with fiber**

**1/4 cup fresh lime juice**

**1 teaspoon vanilla extract**

**1/2 teaspoon ground cinnamon**

In a blender, combine all of the ingredients in the order listed.

Process the mixture until smooth, stopping to scrape down the sides.

Pour into serving glasses and serve immediately.

---

Per Serving (excluding unknown items): 153 Calories; trace Fat (1.7% calories from fat); 1g Protein; 38g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 8mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Fruit; 0 Fat.