

## Beverages

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# Pink Passion Smoothie

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**Servings: 2**

**Start to Finish Time: 10 minutes**

**3/4 cup almond milk**

**1/2 cup frozen unsweetened raspberries**

**1/2 cup frozen unsweetened strawberries**

**2 ounces silken tofu**

**1/2 cup mixed red berry juice**

**1/2 teaspoon granulated stevia natural sugar substitute OR honey**

In a blender container, combine all the ingredients.

Cover and blend until smooth.

Serve immediately.

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Per Serving (excluding unknown items): 13 Calories; trace Fat (2.2% calories from fat); trace Protein; 3g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.