

Beverages

Lemonade Tea

www.splenda.tastebook.com

Servings: 1

Start to Finish Time: 5 minutes

1 tablespoon lemon juice

3 packets Splenda no calorie sweetener with B vitamins

1/4 cup water

2/3 cup unsweetened ice tea

In a large glass, stir together all of the ingredients.

Add ice, if desired.

Per Serving (excluding unknown items): 4 Calories; 0g Fat (0.0% calories from fat); trace Protein; 1g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 0 Fruit.