

Beverage

Peach Basil Iced Tea

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6 tea bags
1 quart boiling water
2 tablespoons sugar
2 cups peach nectar
peach slices (for garnish)
basil sprig (for garnish)

In a saucepan, combine the tea bags and boiling water.

Steep for 5 minutes.

Stir in the sugar.

Transfer the tea to a pitcher.

Add the peach nectar.

Chill.

Garnish with a peach slice and basil sprig, if desired.

Serve over ice.

Per Serving (excluding unknown items): 398 Calories; trace Fat (0.2% calories from fat); 3g Protein; 101g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 80mg Sodium. Exchanges: 4 1/2 Fruit; 2 Other Carbohydrates.