

**Beverage**

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# **Refreshing Mango Iced Tea**

Lipton Tea Company

**Preparation Time: 5 minutes**

**Chill: 1 hour**

**4 cups boiling water**

**4 cups cold water**

**1 can (12 oz) mango nectar**

**2 family size Iced Tea Brew tea bags**

**5 tablespoons sugar**

Pour the boiling water over the tea bags.

Brew for 5 minutes.

Remove the tea bags and squeeze dry.

In a 2-quart pitcher, combine the tea with the cold water, mango nectar and sugar.

Chill at least one hour.

Serve over ice.

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Per Serving (excluding unknown items): 242 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 62g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 58mg Sodium. Exchanges: 4 Other Carbohydrates.